



# LEARN ABOUT COMPREHENSIVE RECOVERY PLANS

A Comprehensive Recovery Plan (CRP) is the foundation for all non-medical care provided through Navy Wounded Warrior. It's a broad document personalized to clearly define the needs of the Recovery Service Member (RSM), family members, and/or caregiver. It also lists goals and identifies steps to meet them. It's a living document and should be continually reviewed and updated with, and on behalf of, the RSM throughout the continuum of care. The focus of the CRP may be immediate or long range but ideally includes actions that, taken in the short term, contribute to meeting longer-range goals.

## Importance of a Comprehensive Recovery Plan

A Comprehensive Recovery Plan (CRP) is the basic framework to direct non-medical care for Recovering Service Members (RSM) as they transition through recovery, rehabilitation, and reintegration.

It allows the RSM to define goals and specify a desired end-state. With this, the entire Care Management Team (CMT) can reference it to best serve the RSM.

## The Value of Long-Term Goals

When facing the immediate challenges and concerns that come with a serious wound, injury, or illness, long-term goals may seem less important.

Goals are motivating in the short-term and offer a long-term vision for what comes next.

For the Care Management Team (CMT), the long-term goals provide guidance on how best to support the RSM. A well-defined CRP offers information and expectations on what each CMT member needs to achieve on behalf of the RSM and encourages the RSM to concentrate their efforts and focus on their abilities.

## What if my Goals Change?

A CRP is a living document. The Recovery Care Coordinators (RCC) regularly reviews the CRP to ensure progress is being made toward the stated goals.

The CRP is also reviewed at regular intervals, but it can be amended at any point upon request.

## What is a Care Management Team?

Every case is unique and the makeup of the CMT or Recovery Team (RT) is specific to the RSM. At a minimum, the CMT/RT includes:

- RSM
- Medical Care Manager (MCM)
- Non-Medical Care Manager (NMCM)
- Recovery Care Coordinator (RCC)
- Federal Recovery Consultant (FRC)
- RSM's commander

The RSM's division or department head or lead petty officer will often represent the commander. When necessary or appropriate, the care manager may deal directly with the commanding officer, executive officer or command master chief.

If the RSM enters the Integrated Disability Evaluation System (IDES), the CMT expands further.





# Frequently Asked Questions

## How is a CRP Created?

The Non-Medical Care Manager's (NMCM) Initial Needs Assessment (INA) conducted shortly after referral into Navy Wounded Warrior is foundational for the CRP. The Recovery Care Coordinator (RCC) brings together the RSM, family, and/or caregiver, NMCM, and Care Management Team (CMT) to help create and execute the CRP. It includes 10 core areas, with topics such as:

### Benefits

- SCAADL
- Pay and Allowances Continuation Program

### Career

- Security Clearance
- Vocational Rehabilitation and Employment

### Daily Living

- Assistive Technology
- Service Animal

### Family Support

- Dependent Care
- Caregiver Respite Care

### Finances

- Pay and Allowances
- Financial Planning

### Health & Wellness

- Medical Care Management
- Recreation Therapy

### Legal

- Advanced Medical Directive
- Power of Attorney

### Military Career

- Limited Duty
- Orders

### Separation and Retirement

- DD 214
- Transfer Post-9/11 GI Bill

### Spirituality and Support

- Chaplain Resources
- Counseling

## Timelines for Review

The RSM (and their family and/or caregiver, if applicable) must receive an initial CRP within 30 days of enrollment and an updated CRP within 30 days of the beginning of each phase or every 120 days from their enrollment date, whichever comes first. It can be updated at any time.

## About Navy Wounded Warrior

Navy Wounded Warrior helps Sailors and Coast Guardsmen with serious, non-combat or combat-related injuries, and physical or psychological illnesses. The program coordinates non-medical care with proactive and individualized guidance and support throughout the continuum of care, including pay and benefits, caregiver resources, bedside travel, job training, childcare, adaptive reconditioning and more. This enables Sailors and Coast Guardsmen to focus on their recovery goals and well-being, encourages retention and return to duty, and supports a smooth transition to the Department of Veterans Affairs when a medical condition prohibits continued service.

Participation in Navy Wounded Warrior is voluntary and Sailors and Coast Guardsmen must be enrolled to take advantage of services. Referrals may be from a variety of sources, including a self-referral, command leadership, medical staff, Fleet and Family Support Center (FFSC) personnel, family member, caregiver, or peer.

Contact us at 855-NAVY WWP (855-628-9997), or email [navywoundedwarrior.fct@navy.mil](mailto:navywoundedwarrior.fct@navy.mil).



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