



# LEARN ABOUT FAMILY PROGRAMS

The families of wounded, ill, and injured Sailors and Coast Guardsmen are critically important. Without their selfless dedication, Navy Wounded Warrior enrollees would not likely be as successful in their recovery, rehabilitation and reintegration activities. Navy Wounded Warrior provides families of enrolled service members with support services to help make their jobs as caregivers more manageable and alleviate the stress that accompanies a major life change.

## How Does the Family Programs Coordinator Assist Enrollee Families?

The Family Programs Coordinator, part of Navy Wounded Warriors' headquarters team, provides regular support to regional Non-Medical Care Managers (NMCM) addressing issues on behalf of enrollees' families. Navy Wounded Warrior maintains productive working relationships with a diverse range of government and non-governmental agencies and is always identifying new family-assistance resources.

Throughout the year, Navy Wounded Warrior provides opportunities to bring family members and caregivers together to deliver tools and resources directly. These events provide some respite for caregivers, explore new strategies to cope and manage through a difficult time, build interpersonal connections, and share stories and ideas with others who share similar challenges of caring for a wounded warrior on a daily basis.

## How Do Non-Medical Care Managers Assist Enrollee Families?

After Navy Wounded Warrior receives word that a recovering service member is in-bound, a non-medical care manager is assigned to the case. The NMCM takes immediate action addressing the family's most pressing needs, including Invitational Travel Orders (ITO), installation access, lodging and childcare, among others. Whenever possible, they ensure those needs are met before the service member arrives at a medical treatment facility (MTF).

When working with the Recovering Service Member (RSM) to develop a Recovery Care Plan (RCP), the NMCM makes certain that the family and caregiver are included. Critical family needs—such as loss of income, benefits, and emotional well-being—are focal points of the plan and tracked through process.

The NMCM regularly contacts enrollee families, ensuring their quality of life doesn't suffer while providing care for a loved one. As needed, families are connected with services such as personal financial management, spouse employment assistance, respite care information, and child and youth programs.



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## What Additional Resources are Available to Enrollee Families?

There is a trove of resources available to enrollee families. Your care team may be able to identify additional resources that pertain to specific needs. Here is a sampling:

### National Resource Directory (NRD)

<https://nrd.gov>

Provides access to vetted services and resources at the national, state and local levels that support recovery, rehabilitation and reintegration.



### Navy Child and Youth Programs (CYP)

<https://www.navycyp.org>

Offers childcare through Child Development Centers, as well as before- and after-school care for school-aged children. CYP offers certain classifications of NWW enrollees with some discounts while they are in treatment.



### Caregiver Resource Directory

<https://warriorcare.dodlive.mil>

Includes the most commonly referenced resources, organizations, agencies and programs that provide support to the caregivers of wounded, ill and injured service members.



### Military OneSource

<https://www.militaryonesource.mil>

Provides service members and families help with various concerns, including money management, spouse employment, child care, deployments and more.



### Fleet and Family Support Programs (FFSP)

<https://www.ffsp.navy.mil>

Offers a full array of resources to help Navy families become resilient, well-informed and adaptable to the Navy environment.



## About Navy Wounded Warrior

Navy Wounded Warrior helps Sailors and Coast Guardsmen with serious, non-combat or combat-related injuries, and physical or psychological illnesses. The program coordinates non-medical care with proactive and individualized guidance and support throughout the continuum of care, including pay and benefits, caregiver resources, bedside travel, job training, childcare, adaptive reconditioning and more. This enables Sailors and Coast Guardsmen to focus on their recovery goals and well-being, encourages retention and return to duty, and supports a smooth transition to the Department of Veterans Affairs when a medical condition prohibits continued service.

Participation in Navy Wounded Warrior is voluntary and Sailors and Coast Guardsmen must be enrolled to take advantage of services. Referrals may be from a variety of sources, including a self-referral, command leadership, medical staff, Fleet and Family Support Center (FFSC) personnel, family member, caregiver, or peer.

Contact us at 855-NAVY WWP (855-628-9997), or email [navywoundedwarrior.fct@navy.mil](mailto:navywoundedwarrior.fct@navy.mil).



**NAVY WOUNDED WARRIOR**

*Numquam Navigare Solus* | Never to Sail Alone

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